

**FRIDGE SHEET FOR OCTOBER 2022**

**COMMUNAL ACTIVITIES AT OR WITH KOL CHAI**

<b>Day</b>	<b>Date</b>	<b>Time</b>	<b>Event</b>
Saturday	01-10-22	10:30	Shabbat Shuvah (Shabbat of Return between Rosh Hashanah and Yom Kippur)
Saturday	01-10-22	11:15	Torah Tots in person
Sunday	02-10-22		
Sunday	02-10-22	15:00 - 17:00	Sababa Juniors (Years 3-6)
Sunday	02-10-22	17:00 - 20:00	Sababa Youth Club (Years 7-10)
Monday	03-10-22		
Tuesday	04-10-22	19:00	Kol Nidrei (fast begins 18:17)
Wednesday	05-10-22	10:30	Yom Kippur service (fast ends 19:16)
Thursday	06-10-22	14:00 - 15:30	Current Affairs Group
Friday	07-10-22	18:30	Zoom Kabbalat Shabbat
Saturday	08-10-22	10:30	Shabbat Service
Sunday	09-10-22	11:00 - 12:30	Sukkah-decorating and MacMillan Coffee morning
Sunday	09-10-22	19:00	Erev Sukkot. Soup & Sushi in the Sukkah
Monday	10-10-22	10:30	Sukkot Service & Kiddush in the Sukkah
Tuesday	11-10-22	20:00 - 22:00	Table Tennis
Wednesday	12-10-22	16:00	Teatime Check-In
Thursday	13-10-22	20:00	Adult Ed talk with Natalie Tobert
Friday	14-10-22	19:00	
Saturday	15-10-22	10:30	Shabbat Sukkot with lulavim and Kiddush in the Sukkah
Saturday	15-10-22	11:15	Torah Tots in Person in the Sukkah
Sunday	16-10-22	17:00	Erev Simchat Torah. 5pm Children's activities; 6pm Simchat Torah service with live music and dancing
Monday	17-10-22	10:30	Simchat Torah Service
Tuesday	18-10-22	14:00	Art with Mike
Tuesday	18-10-22	20:00 - 22:00	Table Tennis
Wednesday	19-10-22	16:00	Teatime Check-In
Thursday	20-10-22	20:00	Mancom
Friday	21-10-22		
Saturday	22-10-22	10:30	Shabbat Service. Anna Rosen's Bat Mitzvah
Sunday	23-10-22	20:00	Wellbeing Group: Dementia Talk
Monday	24-10-22		
Tuesday	25-10-22	20:00 - 22:00	Table Tennis
Wednesday	26-10-22	16:00	Teatime Check-In
Thursday	27-10-22	11:00 - 16:00	KC Bistro
Thursday	27-10-22	20:00	Book Group; in person and on Zoom
Friday	28-10-22		
Saturday	29-10-22	10:30	Shabbat Service
Sunday	30-10-22	19:30	<a href="#">Films@434</a> ; <a href="#">Green Park &amp; Speaker</a>
Sunday	30-10-22	14:30	Music Group
Monday	31-10-22		

## FRIDGE SHEET FOR NOVEMBER 2022

### COMMUNAL ACTIVITIES AT OR WITH KOL CHAI

Tuesday	01-11-22	14:00	Art with Mike
Tuesday	01-11-22	20:00 - 22:00	Table Tennis
Wednesday	02-11-22	16:00	Teatime Check-In
Thursday	03-11-22		
Friday	04-11-22	18:30	Zoom Kabbalat Shabbat
Saturday	05-11-22	10:30	Shabbat Service. Leo May's Bar Mitzvah
Saturday	05-11-22	11:15	Torah Tots in Person
Sunday	06-11-22	10:45	Kol Chai Autumn Walk
Sunday	06-11-22	15:00 - 17:00	Sababa Juniors (Years 3-6)
Sunday	06-11-22	17:00 - 20:00	Sababa Youth Club (Years 7-10)
Monday	07-11-22		
Tuesday	08-11-22	20:00 - 22:00	Table Tennis
Wednesday	09-11-22	16:00	Teatime Check-In
Thursday	10-11-22	20:00	Hon Offs
Friday	11-11-22		
Saturday	12-11-22	09:15	Breakfast Club: Judaism and Ecology
Saturday	12-11-22	10:30	Remembrance Shabbat with guest speaker: Dan Fox, AJEX National Chairman
Sunday	13-11-22		
Monday	14-11-22		
Tuesday	15-11-22	14:00	Art with Mike
Tuesday	15-11-22	20:00 - 22:00	Table Tennis
Wednesday	16-11-22	16:00	Teatime Check-In
Thursday	17-11-22	20:00	Mancom
Friday	18-11-22		
Saturday	19-11-22	10:30	Interfaith Shabbat with guest speaker: Rev Sarah Archer, St Albans Church
Sunday	20-11-22		Mitzvah Day
Sunday	20-11-22	14:00	Shirley Joseph's stone-setting at Cheshunt
Sunday	20-11-22	10:00 - 13:30	Engagement Project training
Sunday	20-11-22	14:30	Music Group
Monday	21-11-22		
Tuesday	22-11-22	20:00 - 22:00	Table Tennis
Wednesday	23-11-22	16:00	Teatime Check-In
Thursday	24-11-22	11:00 - 16:00	KC Bistro
Thursday	24-11-22	19:00	Wellbeing Event - Healthy Eating with Janet & Linda
Friday	25-11-22		
Saturday	26-11-22	10:30	Intergenerational Shabbat
Sunday	27-11-22	19:00	Activity Showcase & Social before AGM
Monday	28-11-22		
Tuesday	29-11-22	14:00	Art with Mike
Tuesday	29-11-22	20:00 - 22:00	Table Tennis
Wednesday	30-11-22	16:00	Teatime Check-In